

I Do Polka

Choreographed by Fred Whitehouse & Shane McKeever (IR)

Description: 48 counts, 2 wall, Pulse - Polka

Level: Intermediate

Tag: 16 counts after 2nd, 4th (only the first 8 counts) & 6th wall (always happens at 12:00)

Music : 'I Do Thing' - Kylie Frey - Country

Official UCWDC competition dance description

Date of usage 8 March 2023 to April 2024

- 1-8 STEP 1/2 TURN L, SHUFFLE 1/2 TURN L, SKIP R & L, L COASTER STEP**
1,2 Step R forward (1), 1/2 turn L stepping L forward (2) 6.00
3&4 1/4 turn L stepping R to R side (3), Step L next to R (&), 1/4 turn L stepping R back (4) 12.00
&5&6 Scoot R back hitching L (&), Step L back (5), Scoot L back hitching R (&,) Step R back (6)
7&8 Step L back (7), Step R next to L (&), Step L forward (8)
- 9-16 ROCK STEP R, CLOSE, ROCK STEP L, TOUCH L BEHIND, UNWIND 1/2 TURN L, OUT OUT, IN IN**
1,2 Rock R to R side (1), Recover on L (2)
&3,4 Step R next to L (&), Rock L to L side (3), Recover on R (4)
5,6 Touch L behind R (5), Unwind 1/2 turn L stepping L forward (6) 6.00
&7&8 Step R out to R side (&), Step L out to L side (7), Step R to centre (&), Step L next to R (8)
- 17-24 CHASSÉ R, 1/4 TURN L, CHASSÉ L, KICK & TOUCH, STEP BACK, BIG STEP R, SLIDE**
1&2 Step R to R side (1), Step L next to R (&), Step R to R side (2)
3&4 1/4 turn L stepping L to L side (3), Step R next to L (&), Step L to L side (4) 3.00
5&6& Cross kick R over L (5), Step R down (&), Tap L behind R (6), Step L back (&)
7,8 Step R a big step to R side (7), Collect L towards R (8)
- 25-32 1/4 TURN R, STEP 1/2 TURN R, 1/4 TURN R, CHASSÉ, CROSS ROCK, SIDE, POINT, 1/4 TURN L, FLICK BACK**
1,2 1/4 turn R stepping L forward (1), 1/2 turn R stepping R forward (2) 12.00
3&4 1/4 turn R stepping L to L side (3), Step R next to L (&), Step L to L side (4) 3.00
5,6 Cross rock R over L (5), Recover on L (6)
&7,8 Step R to R side (&), Point L to L side (7), 1/4 turn L stepping on L & flicking R back (8) 12.00

- 33-40 STEP FWD, FLICK & SLAP, STEP BACK & KNEE SLAP, OUT OUT, JUMP CLOSE, CHARLESTON STEP**
- &1&2 Step R forward (&), Flick L up behind R slapping L foot with R hand (1), Step L back (&), Hitch R knee slapping knee with L hand (2)
- &34 Step R out to R side (&), Step L out to L side (3), Jump feet together (4)
- &5&6 Swivel both heels out (&), Swivel heels in & point R forward (5), Swivel both heels out (&), Swivel heels in & Step R back (6)
- &7&8 Swivel both heels out (&), Swivel both heels in & point L back (7), Swivel both heels out (&), Swivel both heels in & step L forward (8)
- 41-48 POINT 1/4 TURN L 2X, STEP FWD, HITCH, ROCK STEP WITH CLAPS, STEP FWD**
- 1,2 1/4 turn L pointing R to R side (1), 1/4 turn L pointing R to R side (2) 6.00
- 3,4 Step R forward (3), Hitch L knee (4)
- 5&6&7 Rock L forward (5), Clap at shoulder height (&), Recover on R (6), Clap at hip level (&)
- 7&8 Step L forward (7), Clap twice at shoulder level (&8)
- TAG**
- 1-8 HERE AFTER 2ND, 4TH (ONLY THE FIRST 8 COUNTS OF THE TAG) & 6TH WALL STEP 1/2 TURN 2X, V STEP**
- 1-4 Step R forward (1), 1/2 turn L step L forward (2), Step R forward (3), 1/2 turn L step L forward (4) 12.00
- 5-8 Step R diagonally R forward (5), Step L diagonally L forward (6), Step R back to centre (7), Step L next to R (8) 12.00
- 9-16 FULL CHASSÉ BOX**
- 1&2 Step R to R side (1), Step L next to R (&), Step R to R side (2) 12.00
- 3&4 1/4 turn L stepping L to L side (3), Step R next to L (&), Step L to L side (4) 9.00
- 5&6 1/4 turn L stepping R to R side (5), Step L next to R (&), Step R to R side (6).6.00
- 7&8 1/4 turn L stepping L to L side (7), Step R next to L (&), 1/4 turn L stepping L forward (8)12.00